

# Hamper Items

- 1 x Long life milk 1L
- 1 x Spread (peanut butter, jam, vegemite) 400g
- 1 x Can of fruit 825g
- 1 x Can of vegetables (corn, peas, mix) 420g
- 1 x Jar of pasta sauce 500g
- 1 x Packet of pasta or rice 500g
- 1 x Breakfast cereal 375g
- 1 x Coffee or tea
- 1 x Packet of sugar 500g
- 1 x San Remo- La Pasta Meal – Family pack 160g
- 1 x Can of Tuna 425g
- 1 x Christmas pudding/ cake
- 1 x Packet of sweet biscuits
- 1 x Packet savoury biscuits (Jatz, shapes, rice crackers)
- 1 x Chips (crisps, pretzels, nuts)
- 1 x Bag lollies